

Event 2 Boys 4k Run CC Var. Race 1

Name	Year	School	Avg Mile	Finals	Points
Conference 1 Results 4000 Run					
1 #228 Michael Grady	12	East Meadow	5:15.1	13:03.03	1
2 #1094 William Anderson	12	Syosset	5:29.6	13:39.23	2
3 #222 Timothy Euler	10	East Meadow	5:33.0	13:47.61	3
4 #1135 William Long	11	Syosset	5:38.8	14:02.06	4
5 #1146 Jack Robbins	12	Syosset	5:39.2	14:03.06	5
6 #216 Chris Delgado	12	East Meadow	5:41.8	14:09.45	6
7 #217 Brandon Eagle	12	East Meadow	5:43.3	14:13.15	7
8 #248 Kyle Wrynn	11	East Meadow	5:47.0	14:22.38	8
9 #245 Nick Stankes	12	East Meadow	5:47.4	14:23.34	9
10 #1120 Billy Heberer	12	Syosset	5:51.0	14:32.38	10
11 #1156 Luke Skorka	11	Syosset	5:51.1	14:32.65	11
12 #1141 Michael Newman	11	Syosset	5:51.2	14:32.84	12
13 #1140 Daniel Newman	11	Syosset	5:53.4	14:38.34	13
14 #234 Ben Levy	11	East Meadow	5:59.0	14:52.27	14
15 #220 Matt Erman	10	East Meadow	6:04.6	15:06.16	
16 #246 Ryan Thompson	10	East Meadow	6:09.0	15:16.99	
17 #212 Nolan Carey	10	East Meadow	6:16.4	15:35.55	
18 #1131 Daniel Lee	10	Syosset	6:29.2	16:07.14	
19 #1112 Anthony Dellutri	11	Syosset	6:29.2	16:07.33	
20 #1095 Alden Aspiras	10	Syosset	6:29.3	16:07.50	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 1 Results 4000 Run											
1	East Meadow	25	1	3	6	7	8	9	14		
	Total Time:	1:09:35.62									
	Average:	13:55.13									
2	Syosset	32	2	4	5	10	11	12	13		
	Total Time:	1:10:49.38									

Conference 4 Results 4000 Run

1 #336 Glenn Lostritto	12	Friends Academy	5:36.5	13:56.21	
2 #1045 Bottarini Michael	11	Seaford	5:54.8	14:41.69	1
3 #527 Danny Dmuchowski	12	Island Trees	5:57.0	14:47.18	2
4 #1048 Ben Varnas	11	Seaford	5:58.6	14:51.08	3
5 #1040 Connor Coghlan	12	Seaford	6:00.7	14:56.41	4
6 #531 Eugene Lease	12	Island Trees	6:01.3	14:57.91	5
7 #1042 Matthew Green	12	Seaford	6:05.8	15:09.10	6
8 #1041 Patrick DeFrancisc	10	Seaford	6:20.0	15:44.40	7
9 #1044 James Irwin	12	Seaford	6:25.3	15:57.47	8
10 #530 Dhyon Gor	12	Island Trees	6:27.6	16:03.32	9
11 #526 Brandon Diaz	11	Island Trees	6:40.0	16:34.18	10
12 #1038 Austin Andriano	12	Seaford	6:44.3	16:44.78	11
13 #536 Gregory Yee	12	Island Trees	6:46.6	16:50.52	12
14 #528 Nicolas Escobar	10	Island Trees	7:00.1	17:24.03	13
15 #535 George Rincon	10	Island Trees	7:37.5	18:57.01	14

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 4 Results 4000 Run											
1	Seaford	21	1	3	4	6	7	8	11		
	Total Time:	1:15:22.68									
	Average:	15:04.54									
2	Island Trees	38	2	5	9	10	12	13	14		
	Total Time:	1:19:13.11									
	Average:	15:50.63									

Event 3 Boys 4k Run CC Var. Race 2

Name	Year	School	Avg Mile	Finals	Points	
Conference 1 Results 4000 Run						
1	#1199	John Weed	12 VS Central	5:30.3	13:40.78	1
2	#987	Peter Kirgis	11 Port Washington	5:31.0	13:42.71	2
3	#969	Andrew Adelhardt	11 Port Washington	5:33.0	13:47.59	3
4	#1001	Aaron Siff-Scherr	10 Port Washington	5:37.9	13:59.85	4
5	#985	Taro Katayama	12 Port Washington	5:41.2	14:08.01	5
6	#983	Jordan Hurt	10 Port Washington	5:42.2	14:10.47	6
7	#992	Joseph Levine	10 Port Washington	5:46.2	14:20.44	7
8	#999	Rory Owens	10 Port Washington	5:53.3	14:37.94	8
9	#1192	Claude Parola	10 VS Central	5:57.9	14:49.41	9
10	#989	Matthew Kramer	11 Port Washington	6:01.2	14:57.55	
11	#979	Elias Feldman	10 Port Washington	6:10.1	15:19.68	
12	#984	Matthew Johnston	11 Port Washington	6:12.1	15:24.73	
13	#328	Dane Giorlando	12 Freeport	6:15.0	15:31.97	10
14	#1180	Elijah Guzman	12 VS Central	6:15.5	15:33.20	11
15	#1183	Antoine Jean-Louis	9 VS Central	6:22.3	15:50.00	12
16	#1189	Albert Morales	11 VS Central	6:26.7	16:00.95	13
17	#506	Jaineel Doshi	11 Hicksville	6:30.1	16:09.43	14
18	#1186	Matthew Mahabir	10 VS Central	6:32.5	16:15.46	15
19	#512	Nolan Mingst	10 Hicksville	6:39.8	16:33.65	16
20	#1193	Jason Paz	11 VS Central	6:43.4	16:42.54	17
21	#1181	Tyrese Haspil	10 VS Central	6:43.9	16:43.88	
22	#524	Jakub Tarlowski	10 Hicksville	6:44.9	16:46.17	18
23	#1194	Andrew Peik	9 VS Central	6:48.0	16:54.01	
24	#507	Kasper Dworzanczyk	10 Hicksville	6:49.3	16:57.16	19
25	#325	Dante Ellis	10 Freeport	6:54.5	17:10.02	20
26	#334	Jordan Stone	12 Freeport	6:56.2	17:14.34	21
27	#1184	Collin Jones	11 VS Central	6:57.0	17:16.47	
28	#518	Michael Scanlon	10 Hicksville	7:00.7	17:25.44	22
29	#2264	Isaiah Stone	9 Freeport	7:02.9	17:31.08	23
30	#331	Raymond Lopez	12 Freeport	7:08.0	17:43.80	24
31	#330	Manfred Jolin	12 Freeport	7:08.8	17:45.77	25
32	#335	Tyler Tomlinson	11 Freeport	7:15.2	18:01.67	26
33	#326	Joshua Farley	10 Freeport	7:17.3	18:06.91	
34	#516	Jonathan Ricca	10 Hicksville	7:22.8	18:20.37	27
35	#503	Justin Chipungco	11 Hicksville	7:26.4	18:29.31	28
36	#333	Quincy Moore	10 Freeport	10:03.5	24:59.81	

Event 5 Boys 4k Run CC Var. Race 4

Name	Year	School	Avg Mile	Finals	Points	
Conference 1 Results 4000 Run						
1	#277	Joe Hunt	11 Farmingdale	5:51.5	14:33.44	1
2	#281	Ted Michaels	10 Farmingdale	5:56.5	14:45.87	2
3	#1176	Tahj Robinson	10 Uniondale	5:59.0	14:52.23	3
4	#112	Will Salmon	10 Baldwin	6:01.4	14:58.27	4
5	#109	Frank Mulvey	10 Baldwin	6:08.2	15:15.11	5
6	#285	Alex Preistley	10 Farmingdale	6:18.7	15:41.20	6
7	#272	Sam Croes	10 Farmingdale	6:20.7	15:46.16	7
8	#111	John Quinn	12 Baldwin	6:26.1	15:59.51	8
9	#110	Clifford Paret	12 Baldwin	6:28.1	16:04.53	9
10	#270	Christian Capobian	10 Farmingdale	6:30.3	16:10.06	10
11	#289	Nicholas Seyfert	11 Farmingdale	6:31.4	16:12.66	11
12	#292	Ryan Zanalotti	10 Farmingdale	6:31.5	16:12.99	12
13	#286	Eric Rennard	10 Farmingdale	6:35.5	16:22.90	
14	#106	Bakhtawar Khan	12 Baldwin	6:46.3	16:49.65	13
15	#1168	Jahmal Dennis	10 Uniondale	6:54.1	17:09.21	14
16	#103	Isaac Facey	10 Baldwin	6:54.3	17:09.65	15
17	#1173	Cleveland Modest	11 Uniondale	6:56.8	17:15.88	16
18	#107	Blake Kitchen	12 Baldwin	7:22.4	18:19.43	17
19	#1167	Tyrus Colbert	12 Uniondale	7:22.8	18:20.39	18
20	#1175	Richie Ragnauth	10 Uniondale	7:26.5	18:29.66	19
21	#1174	TeV Vaughn Owens	12 Uniondale	7:36.9	18:55.60	20
22	#1172	Luc Jacques	10 Uniondale	7:52.0	19:32.99	21
23	#108	Robert Meredith	12 Baldwin	7:58.2	19:48.53	
24	#1171	Ragilio Harriot	11 Uniondale	8:45.2	21:45.18	
25	#1177	Dawshawn Williams	10 Uniondale	8:45.3	21:45.43	
26	#1170	Jevaughn Hanson	11 Uniondale	8:45.4	21:45.71	

Conference 1 Results 4000 Run

1 Farmingdale	26	1	2	6	7	10	11	12
Total Time:	1:16:56.73							
Average:	15:23.35							
2 Baldwin	39	4	5	8	9	13	15	17
Total Time:	1:19:07.07							
Average:	15:49.42							
3 Uniondale	70	3	14	16	18	19	20	21
Total Time:	1:26:07.37							
Average:	17:13.48							

Conference 4 Results 4000 Run

1	#815	Chris Mueller	12 Mineola	6:00.1	14:55.03	1
2	#813	Matteo Itri	10 Mineola	6:02.1	14:59.93	2
3	#810	Douglas Demagistri	12 Mineola	6:02.4	15:00.70	3
4	#193	Connor Lynn	10 Cold Spring Harbor	6:04.5	15:05.81	4
5	#808	Joseph Cueter	11 Mineola	6:09.8	15:19.03	5
6	#191	Albert Kirchner	10 Cold Spring Harbor	6:13.1	15:27.26	6
7	#818	John Murray	12 Mineola	6:22.0	15:49.32	7
8	#807	Michael Cappeller	10 Mineola	6:22.6	15:50.83	8
9	#184	Robert Becker	10 Cold Spring Harbor	6:28.7	16:06.01	9
10	#186	Ryan Burns	10 Cold Spring Harbor	6:29.9	16:08.98	10
11	#2308	dylan sarnartoro	11 West Hempstead	6:31.6	16:13.18	
12	#820	Matt Tavernite	11 Mineola	6:32.5	16:15.55	11
13	#197	Anand Jay Subudhi	10 Cold Spring Harbor	6:33.0	16:16.82	12
14	#192	Erik Lalezarian	11 Cold Spring Harbor	6:41.2	16:37.02	13

15	#185	Ezra Brody	10	Cold Spring Harbor	6:44.3	16:44.75	14
16	#811	Ryan Demagistris	9	Mineola	6:44.5	16:45.40	
17	#1288	joseph marturano	11	West Hempstead	6:47.8	16:53.46	
18	#816	Joseph Mueller	9	Mineola	6:56.0	17:13.89	
19	#198	Matthew Taglich	10	Cold Spring Harbor	7:01.2	17:26.86	
20	#812	DaSilva Filipe	11	Mineola	7:05.4	17:37.12	
21	#189	Stephen Fischer	12	Cold Spring Harbor	7:23.7	18:22.67	
22	#1293	robert whalen	11	West Hempstead	8:00.5	19:54.23	
23	#1286	david heaphy	11	West Hempstead	8:05.9	20:07.53	
24	#195	Andrew McGee	11	Cold Spring Harbor	8:41.7	21:36.63	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Conference 4 Results 4000 Run

1	Mineola	18	1	2	3	5	7	8	11
	Total Time:	1:16:04.01							
	Average:	15:12.81							
2	Cold Spring Harbor	41	4	6	9	10	12	13	14
	Total Time:	1:19:04.88							
	Average:	15:48.98							

Boys 4k Run CC Junior Varsity

Name	Year	School	Avg Mile	Finals	Points
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Conference 1 Results 4000 Run

1	#1162	Peter Zimbalist	10	Syosset	5:55.6	14:43.65	1
2	#1136	Raul Mehta	11	Syosset	6:02.3	15:00.37	2
3	#240	Connor Ring	10	East Meadow	6:10.4	15:20.55	3
4	#236	Will Miranda	10	East Meadow	6:15.0	15:31.89	4
5	#1111	Chris Dawson	12	Syosset	6:19.2	15:42.37	5
6	#1144	Herry Prevor	12	Syosset	6:19.4	15:42.91	6
7	#280	Kevin McHugh	12	Farmingdale	6:22.3	15:50.13	7
8	#208	Dan Blanco	10	East Meadow	6:22.9	15:51.54	8
9	#988	Ian Kohs	10	Port Washington	6:23.6	15:53.33	9
10	#972	Grant Bruno	9	Port Washington	6:24.6	15:55.90	10
11	#206	James Bergamine	11	East Meadow	6:24.8	15:56.37	11
12	#977	Alex Devas	10	Port Washington	6:25.5	15:58.17	12
13	#1096	Neal Attri	12	Syosset	6:26.5	16:00.49	13
14	#1105	Andrew Choe	11	Syosset	6:27.9	16:03.93	14
15	#980	John Finkbeiner	10	Port Washington	6:28.4	16:05.30	15
16	#1161	Jonathon White	11	Syosset	6:29.6	16:08.28	16
17	#1139	John Nelson	11	Syosset	6:31.0	16:11.71	
18	#2307	Daniel Park	10	Syosset	6:31.3	16:12.55	
19	#998	Benjamin O'Brien	12	Port Washington	6:31.4	16:12.75	17
20	#219	Jeremy Erman	9	East Meadow	6:33.2	16:17.24	18
21	#1115	Christopher Florio	11	Syosset	6:33.4	16:17.68	
22	#750	Christian Puleio	10	Massapequa	6:33.6	16:18.24	19
23	#232	Daniel Kaufmann	11	East Meadow	6:33.9	16:18.89	20
24	#1142	Valentino Nwana	11	Syosset	6:34.2	16:19.69	
25	#954	Kevin Lynch	9	Plainview	6:34.7	16:21.02	21
26	#944	David Cohen	10	Plainview	6:34.9	16:21.32	22
27	#982	Spencer Goody	10	Port Washington	6:35.0	16:21.56	23
28	#970	Anthony Aiello	10	Port Washington	6:35.1	16:21.87	24
29	#1110	Ben Cyran	10	Syosset	6:35.5	16:22.90	
30	#1098	Ari Berg	12	Syosset	6:36.1	16:24.41	

31	#959	Christian Schiavon	9	Plainview	6:36.6	16:25.70	25
32	#728	Ryan Catapano	10	Massapequa	6:39.5	16:32.78	26
33	#1128	Max Kline	11	Syosset	6:39.7	16:33.35	
34	#762	John Yevoli	10	Massapequa	6:39.9	16:33.78	27
35	#1003	Daniel Young	10	Port Washington	6:40.7	16:35.90	
36	#1100	Shilling Brandon	11	Syosset	6:41.6	16:38.15	
37	#1104	Max Chen	11	Syosset	6:41.7	16:38.43	
38	#1108	Miles Conforti	11	Syosset	6:41.9	16:38.70	
39	#1099	Ryan Berlin	11	Syosset	6:42.0	16:38.96	
40	#1116	Evan Garry	11	Syosset	6:42.1	16:39.24	
41	#1113	Mohammed Dewji	12	Syosset	6:42.2	16:39.47	
42	#1117	Jacob Grabois	11	Syosset	6:42.3	16:39.69	
43	#751	Jake Pulis	9	Massapequa	6:43.5	16:42.78	28
44	#276	Cesar Herrera-Camp	10	Farmingdale	6:45.0	16:46.52	29
45	#520	Matthew Solomon	9	Hicksville	6:45.5	16:47.84	30
46	#269	Michael Brown	10	Farmingdale	6:45.9	16:48.87	31
47	#991	Jared Levine	9	Port Washington	6:46.4	16:49.98	
48	#734	Mark Dobres	10	Massapequa	6:46.8	16:50.92	32
49	#976	Aaron Cotumaccio	9	Port Washington	6:47.3	16:52.15	
50	#1002	Jesse Sollinger	9	Port Washington	6:48.5	16:55.24	
51	#1195	Chris Peralta	10	VS Central	6:48.7	16:55.78	33
52	#1143	Kevin Park	11	Syosset	6:49.0	16:56.56	
53	#950	Josh Halilej	12	Plainview	6:49.3	16:57.13	34
54	#741	Christopher Hadsal	10	Massapequa	6:50.5	17:00.22	35
55	#997	Justin Mayers	10	Port Washington	6:52.3	17:04.63	
56	#993	Brandon Liu	9	Port Washington	6:52.8	17:05.82	
57	#268	Alex Blanco	10	Farmingdale	6:53.3	17:07.23	36
58	#287	Daniel Rodriguez	10	Farmingdale	6:54.8	17:10.89	37
59	#1138	Thomas Moranzoni	12	Syosset	6:55.0	17:11.42	
60	#273	Andrew Firmes	9	Farmingdale	6:55.2	17:11.95	38
61	#748	Matthew Neubauer	12	Massapequa	6:55.4	17:12.42	39
62	#209	Carlos Cabrera	10	East Meadow	6:55.5	17:12.67	40
63	#962	Matthew Sternberg	12	Plainview	6:55.6	17:12.90	41
64	#732	Matthew Danielsson	11	Massapequa	6:55.9	17:13.50	
65	#971	Jake Block	10	Port Washington	6:56.9	17:16.14	
66	#726	Ryan Brandow	10	Massapequa	6:57.4	17:17.27	
67	#1097	Jordan Balogh	11	Syosset	6:58.0	17:18.81	
68	#660	Gregory Matousek	11	MacArthur	6:58.2	17:19.21	42
69	#890	Jeremy Stein	10	Oceanside	6:59.2	17:21.72	43
70	#1000	Dillon Shain	10	Port Washington	7:02.2	17:29.15	
71	#960	Nathan Schor	12	Plainview	7:02.3	17:29.48	44
72	#210	Eric Cantar	10	East Meadow	7:03.0	17:31.29	
73	#661	Jefferey Puriujana	10	MacArthur	7:04.5	17:35.01	45
74	#747	Samuel Mueck	9	Massapequa	7:05.3	17:36.96	
75	#229	Matt Harrison	10	East Meadow	7:05.6	17:37.70	
76	#996	Ethan May	11	Port Washington	7:06.5	17:39.91	
77	#968	Nathan Abramowitz	9	Port Washington	7:08.9	17:45.97	
78	#941	Troy Benson	10	Plainview	7:09.5	17:47.47	46
79	#755	Colm Smith	9	Massapequa	7:10.0	17:48.59	
80	#247	Brian Walsh	9	East Meadow	7:10.2	17:49.05	
81	#733	David DiMarco	9	Massapequa	7:12.7	17:55.47	
82	#995	Michael Masulli	10	Port Washington	7:13.6	17:57.50	
83	#949	Jeffrey Goldstein	11	Plainview	7:14.2	17:58.99	
84	#1191	David Oropeza	12	VS Central	7:14.4	17:59.69	47
85	#729	Tyler Catapano	9	Massapequa	7:14.6	18:00.15	
86	#207	Sean Bies	10	East Meadow	7:14.8	18:00.71	
87	#956	Amit Nacson	11	Plainview	7:19.5	18:12.22	
88	#887	Michael Prudente	10	Oceanside	7:19.6	18:12.62	48
89	#978	Andrew Falzone	10	Port Washington	7:19.7	18:12.81	
90	#223	James Ferrone	9	East Meadow	7:20.8	18:15.44	
91	#974	Robby Burns	9	Port Washington	7:21.4	18:16.93	
92	#1198	Mikee Villanueva	12	VS Central	7:22.8	18:20.54	49
93	#321	Kevin Brown	9	Freeport	7:24.0	18:23.57	50

94	#278	Philip Iaccarino	12	Farmingdale	7:24.3	18:24.10	51
95	#523	Daniel Sullivan	10	Hicksville	7:24.5	18:24.69	52
96	#231	Keith Hernandez	9	East Meadow	7:25.8	18:27.98	
97	#946	Jonathan Eliassof	11	Plainview	7:27.1	18:31.08	
98	#1196	John Sandavol	9	VS Central	7:27.3	18:31.68	53
99	#730	Ben Coleman	11	Massapequa	7:28.2	18:33.96	
100	#323	Robert Drayton Jr.	9	Freeport	7:29.5	18:37.07	54
101	#760	Brian Walker	12	Massapequa	7:30.5	18:39.53	
102	#735	Joseph Dupkin	12	Massapequa	7:30.6	18:39.88	
103	#502	Nathaniel Chan	11	Hicksville	7:31.7	18:42.47	55
104	#513	Fares Mohamed	9	Hicksville	7:32.1	18:43.49	56
105	#654	Bryan Burke	10	MacArthur	7:33.1	18:46.00	57
106	#957	Matthew Rothbort	10	Plainview	7:34.1	18:48.45	
107	#515	Pryansh Raval	9	Hicksville	7:35.7	18:52.59	58
108	#284	Anthony Pizzarelli	10	Farmingdale	7:35.9	18:52.97	
109	#892	Ricky Zheng	10	Oceanside	7:36.4	18:54.37	59
110	#521	Jacob Spsychalski	11	Hicksville	7:36.9	18:55.50	60
111	#511	Louis Clarke	11	Hicksville	7:37.2	18:56.20	61
112	#664	Dominick Valente	9	MacArthur	7:39.5	19:02.09	62
113	#213	Daniel Castro	9	East Meadow	7:42.7	19:09.95	
114	#878	Justin DeDonna	9	Oceanside	7:43.7	19:12.34	63
115	#320	Myles Allen	9	Freeport	7:44.3	19:13.98	64
116	#753	Jason Singh	9	Massapequa	7:46.2	19:18.64	
117	#508	Ryan Harran	11	Hicksville	7:46.5	19:19.35	
118	#271	Athony Corsi	12	Farmingdale	7:47.9	19:22.88	
119	#224	Matt Fertitta	9	East Meadow	7:52.0	19:32.95	
120	#990	Dylan Lebedin	10	Port Washington	7:52.6	19:34.59	
121	#215	Patrick Cruz	9	East Meadow	7:54.2	19:38.43	
122	#740	Ethan Gerrain	11	Massapequa	7:54.8	19:39.97	
123	#291	Thomas Yaeger	10	Farmingdale	7:55.3	19:41.25	
124	#283	Tyler Noonan	9	Farmingdale	7:56.6	19:44.58	
125	#727	Thomas Catalanotto	9	Massapequa	7:57.3	19:46.29	
126	#662	Chris Russo	9	MacArthur	7:59.7	19:52.09	65
127	#743	William Kleeman	9	Massapequa	8:01.7	19:57.27	
128	#332	Agostinho Micolo	12	Freeport	8:10.3	20:18.41	66
129	#745	Ryan Lindquist	11	Massapequa	8:11.3	20:21.11	
130	#1182	Rana Igra	9	VS Central	8:22.3	20:48.25	67
131	#327	Erik Fragoso	11	Freeport	8:24.2	20:53.05	68
132	#239	Mujtaba Raja	9	East Meadow	8:27.9	21:02.29	
133	#761	Ryan Wilde	9	Massapequa	8:28.9	21:04.73	
134	#874	Thomas Blocker	9	Oceanside	8:29.5	21:06.19	69
135	#885	Jake Manyin	10	Oceanside	8:30.6	21:08.91	70
136	#882	Sean Harkins	9	Oceanside	8:33.1	21:15.14	71
137	#744	Zachary Kocienda	9	Massapequa	8:39.7	21:31.58	
138	#739	Antonio Gargano	10	Massapequa	8:43.2	21:40.26	
139	#267	Joseph Badalamenti	9	Farmingdale	8:53.2	22:05.21	
140	#329	Kanrien Hall	9	Freeport	9:04.0	22:31.99	72
141	#517	Christopher Sarand	10	Hicksville	9:10.7	22:48.61	
142	#225	Richard Gakshteyn	9	East Meadow	9:31.8	23:41.22	
143	#737	Scott Frasse	9	Massapequa	9:33.2	23:44.58	
144	#214	Giancarlo Consigli	9	East Meadow	9:55.9	24:40.92	
145	#233	Tristan Kowalski	9	East Meadow	10:02.8	24:58.06	
146	#226	Joshua Gallo	9	East Meadow	10:13.8	25:25.39	
147	#227	Andrew Goetz	9	East Meadow	10:13.9	25:25.63	
148	#2259	Lleyton Walters	9	VS Central	10:32.4	26:11.80	73

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Conference 1 Results 4000 Run

1	Syosset	27	1	2	5	6	13	14	16
	Total Time:	1:17:09.79							
	Average:	15:25.96							
2	East Meadow	44	3	4	8	11	18	20	40
	Total Time:	1:18:57.59							
	Average:	15:47.52							
3	Port Washington	63	9	10	12	15	17	23	24
	Total Time:	1:20:05.45							
	Average:	16:01.09							
4	Massapequa	132	19	26	27	28	32	35	39
	Total Time:	1:22:58.50							
	Average:	16:35.70							
5	Farmingdale	140	7	29	31	36	37	38	51
	Total Time:	1:23:43.64							
	Average:	16:44.73							
6	Plainview	143	21	22	25	34	41	44	46
	Total Time:	1:23:18.07							
	Average:	16:39.62							
7	VS Central	249	33	47	49	53	67	73	
	Total Time:	1:32:35.94							
	Average:	18:31.19							
8	Hicksville	251	30	52	55	56	58	60	61
	Total Time:	1:31:31.08							
	Average:	18:18.22							
9	MacArthur	271	42	45	57	62	65		
	Total Time:	1:32:34.40							
	Average:	18:30.88							
10	Oceanside	282	43	48	59	63	69	70	71
	Total Time:	1:34:47.24							
	Average:	18:57.45							
11	Freeport	302	50	54	64	66	68	72	
	Total Time:	1:37:26.08							
	Average:	19:29.22							

Conference 4 Results 4000 Run

1	#1290 matthew payamps	8	West Hempstead	5:55.4	14:43.14	
2	#897 Jack Casey	10	Oyster Bay	6:23.4	15:52.74	1
3	#925 Thomas Tritthart	11	Oyster Bay	6:26.4	16:00.19	2
4	#909 EJ Madden	12	Oyster Bay	6:28.8	16:06.34	3
5	#893 Sam Aquilino	11	Oyster Bay	6:37.7	16:28.32	4
6	#914 Kenneth Mcgee	9	Oyster Bay	6:53.0	17:06.41	5
7	#900 Eric Chao	9	Oyster Bay	6:57.6	17:17.91	6
8	#1244 Justin Sampson	11	VS South	7:00.5	17:25.06	7
9	#2222 Jordani Badette	12	VS South	7:01.7	17:28.10	8
10	#1233 Brandon Dial	11	VS South	7:10.8	17:50.75	9
11	#200 Eric Zhou	11	Cold Spring Harbor	7:12.5	17:54.85	10
12	#1308 Luke Fallarino	11	Wheatley	7:12.9	17:55.86	11
13	#918 Jason Plaia	9	Oyster Bay	7:14.0	17:58.53	12
14	#919 ryan santos	11	Oyster Bay	7:16.6	18:05.00	
15	#1232 Ashton Dacon	11	VS South	7:17.9	18:08.26	13
16	#920 Kyle Schindler	11	Oyster Bay	7:22.5	18:19.75	
17	#1301 Gabe Besada	11	Wheatley	7:25.1	18:26.17	14
18	#190 Josh Fogin	11	Cold Spring Harbor	7:30.7	18:40.21	15
19	#1318 Arsati Urbina	12	Wheatley	7:32.4	18:44.22	16
20	#904 Liam Doxey	12	Oyster Bay	7:35.5	18:52.04	
21	#894 Zachary Arenella	9	Oyster Bay	7:37.0	18:55.83	
22	#906 Christian Gulbin	10	Oyster Bay	7:37.3	18:56.59	
23	#907 john Iemiti	9	Oyster Bay	7:45.2	19:16.13	
24	#196 Justin Relf	11	Cold Spring Harbor	7:46.8	19:20.09	17
25	#817 Daniel Murray	9	Mineola	7:47.1	19:20.78	
26	#1043 Austin Idaspe	9	Seaford	7:49.8	19:27.54	

